

# SEPTEMBER 2023 MENU • AT HHS

| MONDAY   | TUESDAY                                       | WEDNESDAY  | THURSDAY   | FRIDAY  |
|--|---|--|--|---|
|  | <b>TUESDAY</b><br>◆<br><b>NO LUNCH SERVED</b> |  |  | <b>1</b> BLT,<br>Vegetable Pasta Salad,<br>Potato Chips,<br>Brownie,<br>Watermelon                        |
| <b>4</b> Senior Services<br>closed for<br>Labor Day  |   | <b>6</b> Beef and Cheese Taco,<br>Sweet Corn,<br>Rice, Beans, Salsa,<br>Southwest Salad,<br>Lemon Squares            | <b>7</b> Grilled Salmon,<br>Caper Cream, Mixed<br>Vegetables, Brown Rice,<br>Green Salad,<br>Tapioca Pudding         | <b>8</b> Cold Fried Chicken,<br>Potato Salad,<br>Grilled Vegetable Salad,<br>Pound Cake                   |
| <b>11</b> Chicken Marsala,<br>Mushroom Pasta,<br>Vegetable Medley,<br>Caesar Salad,<br>Tiramisu Cake |   | <b>13</b> Burgers and Fixings,<br>Green Pea Salad,<br>Steak Fries,<br>Red Leaf Olive Feta,<br>Brownies               | <b>14</b> Swedish Meatballs,<br>Peppers, Onions &<br>Carrots, Herbed Orzo,<br>Caprese and Greens,<br>Doughnut        | <b>15</b> Tuna Salad, Rye Bread,<br>Tomato, Lettuce & Onion,<br>Green Salad,<br>Chocolate Éclair          |
| <b>18</b> Rigatoni & Meat Sauce<br>Squash Medley,<br>Garlic Bread,<br>Caesar Salad,<br>Doughnut      |   | <b>20</b> Philly Cheese Steak,<br>Peppers & Onions,<br>Roasted Potatoes,<br>Iceberg & Bleu Cheese<br>Cream Puffs     | <b>21</b> Chicken Parmesan,<br>Roasted Eggplant,<br>Pasta, Garlic Bread,<br>Caesar Salad,<br>Cookie                  | <b>22</b> Chicken Salad,<br>Baguette,<br>Fruit Salad,<br>Green Salad,<br>Brownie                          |
| <b>25</b> Meatballs Marinara,<br>Pasta,<br>Mixed Vegetables,<br>Green Salad,<br>Brownie              |   | <b>27</b> Steak and Eggs,<br>Breakfast Potatoes,<br>Roasted Red Peppers &<br>Onions, Spinach Gratin,<br>Sweet Pastry | <b>28</b> Chicken Teriyaki,<br>Brown Rice,<br>Veg Stir-fry & Asian<br>Dumpling, Asian Green<br>Salad, Chocolate Cake | <b>29</b> Turkey Sandwich with<br>Avocado & Tomato,<br>Vegetable Pasta Salad,<br>Potato Chips,<br>Brownie |

**Reservations required** • Call (970) 429-6161 at least 24 hours in advance to sign up for meals • A suggested donation of \$4.00-\$5.00 is welcome • Juice and 2% milk are available at each meal • Please arrive by 12:20 • **All meals in September & October will be served at the HHS Building, 0405 Castle Creek Rd. Meals provided by Aspen Catering.**