

# OCTOBER 2023 MENU • AT HHS

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>2</b>	<b>Senior Services closed for Mother Cabrini Day</b>	<b>NO LUNCH SERVED</b>	<b>4</b>	BBQ Pulled Pork, Almond Green Beans, Garlic Polenta, Dinner Roll, Green Salad, Brownie	<b>5</b>	Herb Roasted Chicken, Broccoli, Roasted Potatoes, Caesar Salad, Pound Cake and Whipped Cream	<b>6</b>	BLT, Vegetable Pasta Salad, Potato Chips, Watermelon, Brownie	
<b>9</b>	Chicken, Rice and Vegetable Stew, Bread Bowl, Fresh Orange, Green Salad, Granola Bar		<b>11</b>	Shrimp Curry Veggie Stir-fry, Coconut Rice, Asian Slaw, Brownie	<b>12</b>	Sloppy Joes, Creamed Spinach, Steak Fries, Green Salad, Chocolate Chip Cookie	<b>13</b>	Cold Fried Chicken, Potato Salad, Grilled Vegetable Salad, Pound Cake with Strawberries	
<b>16</b>	Beef Stroganoff, Pasta, Mixed Vegetables, Green Salad, Peanut Butter Cookie		<b>18</b>	Beef and Broccoli, Brown Rice, Vegetable Stir Fry, Egg Roll, Bibb Lettuce w/Seaweed, Chocolate Mousse	<b>19</b>	Veggie Lasagna, Roasted Squash, Garlic Bread Caesar Salad	<b>20</b>	Tuna Salad on Rye, Tomato, Lettuce & Onion, Potato Chips, Green Salad, Chocolate Éclair	
<b>23</b>	Rigatoni & Meat Sauce, Squash Medley, Garlic Bread, Caesar Salad, Doughnut		<b>25</b>	Chicken Alfredo, Mixed Vegetables, Penne Pasta, Spinach Strawberry Feta Salad, Jello Cup	<b>26</b>	Green Chili Pork Hominy, Mixed Vegetables, Brown Rice, Green Salad, Lemon Bars	<b>27</b>	Chicken Salad, Baguette, Fruit Salad, Green Salad, Brownie	
<b>30</b>	Salisbury Steak, Mashed Potatoes, Mixed Vegetables, Green Salad, Chocolate Chip Cookie								

**Reservations required** • Call (970) 429-6161 at least 24 hours in advance to sign up for meals • A suggested donation of \$4.00-\$5.00 is welcome • Juice and 2% milk are available at each meal • Please arrive by 12:20 • **All meals in September & October will be served at the HHS Building, 0405 Castle Creek Rd. Meals provided by Aspen Catering.**