## **DECEMBER 2023 MENU**

	MONDAY		WEDNESDAY		THURSDAY		FRIDAY
		TUESDAY				1	Baked Salmon, Lemon Dill Sauce, Brown Rice, Italian Mixed Vegetables, House Salad, Peach Crisp
4	Vegetarian Bean Chili, Baked Potato, Spinach and Feta Salad, Corn Bread, Blueberry Pie	AY •	6 Chicken & Broccoli Fettuccini Alfredo, House Salad, Ice Cream	9	Mahi Mahi, Mango Salsa, Broccoli Salad, Brown Rice, Brownie	10	Beef Pot Roast, Mashed Potatoes, Gravy, Green Beans, House Salad, Lemon Cake
11	Chicken Noodle Soup, House Salad, Corn Bread, Pecan Pie	δ	Cheese Ravioli , Tomato Basil Sauce, Italian Vegetables, Garlic Bread, Tiramisu	14	Beef Stew with Potatoes & Tomatoes, Mixed Vegetables, House Salad, Lemon Bar	15	Maryland Crab Cakes, Steamed Brown Rice, Carrots, House Salad, Fresh Strawberries
18	BBQ Pulled Pork Sandwich, Whole Wheat Bun, Sweet Corn, House Salad, Tater Tots, Key Lime Pie,	Н S	20 Shrimp Scampi, Linguini, House Salad, Chocolate Éclair	21	Greek Chicken, Rosemary Tossed Potatoes, Beet Salad, Italian Vegetables, Cheesecake	22	Roast Beef, Gravy, Mashed Potatoes, Green Beans, House Salad, Pumpkin Pie
25	Senior Center Closed For Christmas		27 Cheese Stuffed Chicken Breast, Mashed Potatoes, Cauliflower, Gravy House Salad, Apple Pie	28	Pork Green Chili, Baked Potato, House Salad, Corn Bread, Peach Cobbler	29	Lemon Cod, Dill Butter, Brown Rice, Broccoli Salad, Blondie

**Reservations required** • Call (970) 429-6161 at least 24 hours in advance to sign up for meals • Suggested donation: \$4.00-\$5.00 • Juice and 2% milk are available at each meal • Please arrive by 12:20 • All meals are now prepared by new chef Brett Allais, served at the Senior Center.